

Games To Play Outdoors

Summer is on its way, so it is a great time to play some games outside with older children! Here are two games you might like to try!

Kick The Can

Kick the Can is a popular game played outdoors by children in Switzerland.

You Will Need

- 1 can

What To Do

- at least 3-10 players are needed
- choose one person to be “it”
- “it” stands near the can which has been placed on the ground
- “it” covers their eyes and counts to ten while the others run and hide
- “it” then tries to find the other players. When ‘it’ finds a player, that player tries to beat ‘it’ back to the can and kick the can. If the player kicks the can they are safe and wait for the rest of the players to become safe. If ‘it’ tags the player before they kick the can, they are out.
- if all the players make it back to the can safely, then ‘it’ must be “it again
- the first player tagged is “it” for the next game.



Bokwele

Bokwele is a team game which originated in the Congo.(now called Zaire).

You Will Need

- 2 hula hoops, 4 scarves
- boundaries- define a playing area, with a half-way mark(ie: netball court).

What To Do

- define boundaries of game with group
- place a hula hoop at either end of the court and inside each hoop place 2 scarves
- divide the group into 2 teams
- each team has to guard their own scarves in the hoop, while trying to capture the scarves of the opposing team. Nominate one person who is the guard and who can tag opposing team members. If an opposing team member is tagged they are out of the game.
- when a player “steals” a scarf, they need to yell, “Bokwele”.
- if a player who has stolen a scarf, and drops the scarf in their ‘half’ of the court, the hoop is shifted to this spot. A team wins when it has all the scarves or all opposing team members have been tagged

