

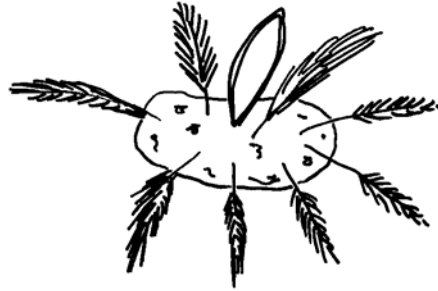
Multicultural Easter ideas

KUKARA

This Greek calendar is made by children for Lent to help them count the weeks to Easter. It is made at the beginning of the Lenten fast to count down the weeks. Hundreds of years ago during Lent people dressed in coarse fabric clothes (known as hair cloth and it made the skin really itch) as a sign of mourning and penance. A *kukara* is a reminder of those times and is hung in the kitchen where it is clearly visible. Seven feathers are placed in the *kukara* and each week one feather is removed.

YOU WILL NEED

- 1 fat potato or brown onion
- 7 feathers
- 1 drawing pin
- 1 skewer
- ½ metre of hanging thread



WHAT TO DO

- Poke the skewer in 7 different places around the potato
- Place 1 feather in each hole
- Fold the ribbon in half
- Knot the 2 ends together
- Push the drawing pin through the ribbon into the potato
- Hang where can be clearly seen

DECORATED EGG BISCUITS

Specially decorated iced biscuits are popular as Easter treats. This is an adaptation of a German style Easter biscuit.

YOU WILL NEED

- 1 packet Milk Arrowroot biscuits
- Silver and coloured icing balls
- White vanilla icing
- Spatula for spreading
- Icing piper or bag with a nozzle

WHAT TO DO

- Spread icing mix on each biscuit smoothly
- Allow to dry
- Adding a little more water to the mix, place quantity in the piping bag
- Decorate each biscuit with swirls, dots, spirals, waves and zigzags and silver balls



WHEAT / CRESS FIELD

Easter in the Northern Hemisphere is associated with Spring. At this time the wheat fields are bright green carpets. To recreate a miniature field families plant wheat or cress seeds in a small container and place this on the Easter table. On Easter Sunday small foil covered eggs are scattered in the container. If you wish to have a wheat or cress field for Easter you will need to plant your seeds early in the Lenten season. The plants will have an odd odour and you will need to drain off any excess water. Be careful not to allow to dry out completely as the small plants will die.

YOU WILL NEED

- 1 small plastic bowl
- Cotton wool
- Handful of wheat or cress seeds
- Water

WHAT TO DO

- Spread the cotton wool over the base of the bowl
- Moisten with water
- Sprinkle over the seeds
- Leave in an area where there is plenty of light
- Drain off the previous day's water
- Water daily (not too much)
- Place in the sunshine occasionally to allow greening

If you grow cress you can cut it after Easter. Cress makes delicious sandwich fillings



EASTER PIZZA

In Southern Italy many families bake a classical traditional filled pizza (*Pizza ripiena*) as part of the Easter feast. This Italian pizza is more like a quiche than the typical pizzas. This is an adapted and simplified version that is quick and easy to make.

YOU WILL NEED

- 1 packet of plain muffins
- 12 slices of finely chopped ham
- 3 chopped hard boiled eggs
- 1 cup mozzarella cheese
- 1 cup grated favourite cheese
- 1 teaspoon parmesan cheese
- 1 egg (beaten)
- 3 tablespoons milk
- 1 pinch pepper

WHAT TO DO

- Split the muffins
- Scoop out the middles to create cups
- Divide the ham equally in the cups
- Mix beaten egg with milk, cheeses, chopped eggs and seasoning
- Spoon into each cup
- Bake in a moderate oven until cheese melts (about 20 minutes)
- Serve hot or cold